



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Summer Pool Schedule 2018
LOYA FAMILY YMCA

**Pool Schedule
Summer 2018**

Schedule begins May 29 and is subject to change.

Multiple activities are often scheduled in this pool at the same time.

Lap Swimming Tips

Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull bouys, etc. before entering the pool.

Directions

If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed

Please try to choose a lane with swimmers that most nearly match your speed.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00am-10:00am Lap Swim Open Swim	6:00am-10:00am Lap Swim Open Swim	6:00am-10:00am Lap Swim Open Swim	6:00am-10:00am Lap Swim Open Swim	6:00am-1:00pm Lap Swim Open Swim	8:00am-9:30am Lap Swim Open Swim	Please note lap swim is available all day, but only 1 lane is guaranteed
	10:00am-1:00pm Swim Lessons Open Swim	10:00am-1:00pm Swim Lessons Open Swim	10:00am-1:00pm Swim Lessons Open Swim	10:00am-1:00pm Swim Lessons Open Swim	1:00pm-3:00pm Camp Swim	9:30am-12:10pm Swim Lessons	
	10:30am-11:30am Silver Sneakers Splash		10:30am-11:30am Silver Sneakers Splash		3:00pm-7:30pm Lap Swim Open Swim		
	1:00pm-3:00pm Camp Swim	1:00pm-3:00pm Camp Swim	1:00pm-3:00pm Camp Swim	1:00pm-3:00pm Camp Swim		12:10pm-4:30pm Lap Swim Open Swim	11:00am-3:30pm Lap Swim Open Swim
	3:00pm-4:30pm Open Swim	3:00pm-4:30pm Open Swim	3:00pm-4:30pm Open Swim	3:00pm-4:30pm Open Swim			
	4:30pm-7:00pm Swim Lessons Open Swim	4:30pm-7:00pm Swim Lessons Open Swim	4:30pm-7:00pm Swim Lessons Open Swim	4:30pm-7:00pm Swim Lessons Open Swim	7:30pm-8:30pm Swim Team		
	7:30pm-8:30pm Swim Team	7:30pm-8:30pm Swim Team	7:30pm-8:30pm Swim Team	7:30pm-8:30pm Swim Team			
	7:00pm-8:30pm Open Swim	7:00pm-8:30pm Open Swim	7:00pm-8:30pm Open Swim	7:00pm-8:30pm Open Swim			

Updated 06/8/18

Monday/Wednesday – 10:30-11:30am

Silver Splash: A Silver Sneakers class utilizing aqua aerobic equipment for water exercise.

Loya Family YMCA

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