



Winter Schedule 2024
Pool @ Bowling Family Branch
 January 1st - March 16th

5509 Will Ruth Ave
 EL PASO, TX 79924
 (915) 755-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Lap Swimming Begins Self Paced 5am - 7pm	Lap Swimming Begins Self Paced 5am - 7pm	Lap Swimming Begins Self Paced 5am - 7pm	Lap Swimming Begins Self Paced 5am - 7pm	Lap Swimming Begins Self Paced 5am - 6pm		
7am	Aqua FIT Y-360 Y-360 Virtual Instructor 7:30am - 8:30am	Aqua Fit Damaris Lopez 7:20am - 8:20am	Aqua FIT Y-360 Y-360 Virtual Instructor 7:30am - 8:30am	Aqua Fit Damaris Lopez 7:20am - 8:20am	Aqua FIT Y-360 Y-360 Virtual Instructor 7:30am - 8:30am		
8am	Aqua Fit David Vasquez 8:30am - 9:30am	Aqua Fit Mona Keith 8:30am - 9:30am	Aqua Fit Mona Keith 8:30am - 9:30am	Aqua Fit Mona Keith 8:30am - 9:30am	Aqua Fit David Vasquez 8:30am - 9:30am	Aqua Fit Mary Ramos 8:15am - 9:15am	
9am		Homeschool morning swim lessons YMCA Instructor 9:40am - 11:40am		Homeschool morning swim lessons YMCA Instructor 9:40am - 11:40am		Saturday Group Swim Lessons YMCA Instructor 9am - 1:30pm	
12pm	Aqua Fit Mona Keith 12pm - 1pm		Aqua Fit Bernadette Perez 12pm - 1pm		Aqua Fit Mona Keith 12pm - 1pm		
3pm						YMCA Swim Team YMCA Swim Team Coach 3pm - 4pm	
4pm	Weekday Group Swim Lessons YMCA Instructor 4pm - 6:30pm	Weekday Group Swim Lessons YMCA Instructor 4pm - 6:30pm	Weekday Group Swim Lessons YMCA Instructor 4pm - 6:30pm	Weekday Group Swim Lessons YMCA Instructor 4pm - 6:30pm			
6pm		Aqua Fit Mary Ramos 6pm - 7pm		Aqua Fit Mary Ramos 6pm - 7pm	YMCA Swim Team YMCA Swim Team Coach 6pm - 7pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.