

YOUTH PROGRAMS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Bowling Family YMCA

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YOUTH PROGRAM GUIDE – BOWLING FAMILY YMCA

CHESS



Ages 4 years – 15 years

Class is Sunday 1:00 pm – 2:00 pm

This program is set up to teach children the strategies, skills and rules on how to play the game of Chess. Whether you are a beginner or have knowledge of the game, the instructor will enhance the game. The first part of the class will focus on how – to's of the game, then finishing the hour with game play.

Free for family members / \$32 for Non-members

CHEERLEADING

Ages 6 years and up

Class is Tuesday 5:30 PM-6:00 PM

This program will teach children basic cheers and chants, along with basic moves. The program will include dance routines. With instructor's approval they would be able to perform during the games on Saturday's.

Free for family members / \$32 for Non-members

GYMNASTICS

Ages 18 months and up

Classes are Tuesdays, Thursdays or Saturdays

Times vary depending on level, see the schedule.

Parent/Child 18m - 2 years Saturday

Parent/Child 3 - 5 years Thursday

Preschool 3 - 5 years Tuesday or Saturday

Level 1 - 6 years & up Tuesday or Saturday

Level 2 - 6 years & up Thursday

Level 3---6 years & up Thursday

Free for family members / \$32 for Non-members



DANCE



HIP HOP

Ages 3 - 4 years old

Class is Friday 5:15 pm – 5:45 pm

Ages 5 – 7 years old

Class is Friday 5:45 pm – 6:15 pm

Ages 8 years & up

Class is Wednesday 6:15 pm – 7:15 pm

JAZZ

Ages 3 – 5 years old

Class is Wednesday 5:15 pm – 5:45 pm

Level 1 Ages 6 years & up

Class is Wednesday 5:45 pm – 6:15 pm

BALLET

Ages 6-7 years old

Class is Monday 5:45pm – 6:15 pm

Ages 8 years & up

Class is Monday 6:15 pm – 7:00 pm

Free for family members / \$32 for Non-members



SESSIONS

Most classes are four days.

January 7 – February 3

February 4 – March 3

March 4 – March 31

April 1 – April 28

April 30 – May 26

(No classes May 27th–June 2nd)

June 3 – June 30

(No classes July 1st– July 7th)

July 8 – August 4

August 5 – September 1

September 2 – September 29

September 30 – October 27

October 28 – December 1

(No classes November 18th–24th)

December 2 – December 22

(No classes during Christmas week)

Children can be signed up for one class each level each month, unless after first class of month, there is room. If your child does NOT show up to class for the whole session, parent will be charged a \$15 fee before the next session. Starting January 2018.

