

# YOUTH PROGRAMS



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Bowling Family YMCA

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### YOUTH PROGRAM GUIDE – BOWLING FAMILY YMCA

## CHESS



**Ages 4 years – 15 years**

**Class is Sunday 1:00 pm – 2:00 pm**

This program is set up to teach children the strategies, skills and rules on how to play the game of Chess. Whether you are a beginner or have knowledge of the game, the instructor will enhance the game. The first part of the class will focus on how – to's of the game, then finishing the hour with game play.

Free for family members / \$32 for Non-members

## CHEERLEADING

**Ages 6 years and up**

**Class is Tuesday 5:30 PM-6:00 PM**

This program will teach children basic cheers and chants, along with basic moves. The program will include dance routines. With instructor's approval they would be able to perform during the games on Saturday's.

Free for family members / \$32 for Non-members

## GYMNASTICS

**Ages 18 months and up**

**Classes are Tuesdays, Thursdays or Saturdays**

**Times vary depending on level, see the schedule.**

Parent/Child 18m - 2 years Saturday

Parent/Child 3 - 5 years Thursday

Preschool 3 - 5 years Tuesday or Saturday

Level 1 - 6 years & up Tuesday or Saturday

Level 2 - 6 years & up Thursday

Level 3---6 years & up Thursday

Free for family members / \$32 for Non-members



## DANCE



### CREATIVE MOVEMENT

**Ages 3 – 5 years old**

**Class is Monday 5:15 pm – 5:45 pm**

### HIP HOP

**Ages 3 - 4 years old**

**Class is Friday 5:15 pm – 5:45 pm**

**Ages 5 – 7 years old**

**Class is Friday 5:45 pm – 6:15 pm**

**Ages 8 years & up**

**Class is Wednesday 6:15 pm – 7:15 pm**

### JAZZ

**Ages 3 – 5 years old**

**Class is Wednesday 5:15 pm – 5:45 pm**

**Level 1 Ages 6 years & up**

**Class is Wednesday 5:45 pm – 6:15 pm**

### BALLET

**Ages 6-7 years old**

**Class is Monday 5:45pm – 6:15 pm**

**Ages 8 years & up**

**Class is Monday 6:15 pm – 7:00 pm**

Free for family members / \$32 for Non-members



# SESSIONS

Most classes are four days.

January 7 – February 3

February 4 – March 3

March 4 – March 31

April 1 – April 28

April 30 – May 26

(No classes May 27<sup>th</sup>–June 2<sup>nd</sup>)

June 3 – June 30

(No classes July 1<sup>st</sup>– July 7<sup>th</sup>)

July 8 – August 4

August 5 – September 1

September 2 – September 29

September 30 – October 27

October 28 – December 1

(No classes November 18<sup>th</sup>–24<sup>th</sup>)

December 2 – December 22

(No classes during Christmas week)

Children can be signed up for one class each level each month, unless after first class of month, there is room. If your child does NOT show up to class for the whole session, parent will be charged a \$15 fee before the next session. Starting January 2018.

# ARTS

**Ages 3 years & up**

**Classes are Saturdays**

**Pre-School 3 to 5 years old - 9:00 am—9:30 am**

The focus of this class is mostly arts and crafts and basics such as cutting with scissors, finger painting, etc. The kids are able to experience all the excitement of a creative art class with lots of active and often messy fun. We draw, paint, cut, paste, thread, stamp, print, model with clay, and lots more. In a class you could see us painting, making a mask or threading beads onto a caterpillar.

**Little Artists 6 to 8 years old - 9:30 am—10:15 am**

This process oriented class is geared towards developing their art making skills through projects in painting, drawing, and collage. We will focus on color and shape through abstract painting. Drawing by composing pictures both from their imagination and observation, and explore texture and pattern through collage making. This fun, supportive environment nurtures children's creative expression, improves their fine motor skills, and provides an opportunity to engage in imaginative art making.

**Artist 9 to 13 years old - 10:15 am—11:00 am**

This is a basic drawing and painting class designed to introduce new students to the skills required to accurately render what they see. It is also an opportunity for the children's to gain some visual and creative practice in drawing and painting. The class objective is to provide the "tools" necessary to draw and paint with confidence and to develop within the student the ability to see the world the way artists' see.

Free for family members / \$32 for Non-members

There is a \$5.00 Art Supply Fee for all participants.

