

YOUTH PROGRAMS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Bowling Family YMCA

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YOUTH PROGRAM GUIDE – BOWLING FAMILY YMCA – FALL

CHESS



Ages 4 years – 15 years

Class is Friday's 6:30 PM to 7:30 PM

This program is set up to teach children the strategies, skills and rules on how to play the game of Chess. Whether you are a beginner or have knowledge of the game, the instructor will enhance the game. The first part of the class will focus on how – tos of the game, then finishing the hour with game play.

\$5 for family members / \$32 for Non-members

CHEERLEADING

Ages 8 years and up

Class is Tuesday 6:45 pm- 7:45 pm

This program will teach children basic cheers and chants, along with basic moves. The program will include dance routines.

\$5 for family members / \$32 for Non-members

GYMNASTICS

Classes are Tuesdays, Thursdays or Saturdays

Times vary depending on level, see the schedule.

Parent/Child 3 - 5 years Thursday

Preschool 3 – 5 years Tuesday or Saturday

Level 1 – 6 years & up Tuesday or Saturday

Level 2 – 6 years & up Thursday or Saturday

Level 3-- 6 years & up Thursday

\$5 for family members / \$32 for Non-members



DANCE

HIP HOP

Ages 3 - 4 years old

Class is Friday 5:15 pm – 5:45 pm

Ages 5 – 7 years old

Class is Friday 5:45 pm – 6:15 pm

Ages 8 years & up

Class is Wednesday 6:15 pm – 7:15pm

JAZZ

Ages 3 – 5 years old

Class is Wednesday 5:15 pm – 5:45 pm

Level 1 Ages 6 years & up

Class is Wednesday 5:45 pm – 6:15 pm



BALLET

Ages 3-5 years old

Class is Monday 5:15pm – 5:45 pm

Ages 6-7 years old

Class is Monday 5:45pm – 6:15 pm

Ages 8 years & up

Class is Monday 6:15 pm – 7:00 pm

\$5 for family members / \$32 for Non-members



THEATER

Ages 6 years & up

Classes are Tuesday or Thursday 5:00 – 5:30 pm

This program is set up to train confidence, and learn various skills in individual's skills for building self-helping them with speech. Also other levels available once they have gotten their foundations from Drama 1.

\$5 members / \$32 for Non-members

SESSIONS

Most classes are four days.

January 6– February 2

February 3 – March 2

March 3 – March 30 (classes during Spring Break)

March 31 – April 27

April 28 – May 27 (No classes May 26-June 1)

May 30 – May 25

June 2 – June 29

July 7 – August 3 (No classes June 30-July 6)

August 4 – August 31

September 1 – September 28

September 29 – October 26

October 27 – November 23

(No classes during Nov. 24 – Nov 30)

December 1 – December 21

(No classes during Dec. 22 – Jan. 4)

Children can be signed up for one class each level each month, unless after first class of month, there is room. You can also register **ONLINE.**

ARTS

Ages 3 years & up

Classes are Saturdays

Pre-School 3 to 5 years old - 9:00 am—9:30 am

The focus of this class is mostly arts and crafts and basics such as cutting with scissors, finger painting, etc. The kids are able to experience all the excitement of a creative art class with lots of active and often messy fun. We draw, paint, cut, paste, thread, stamp, print, model with clay, and lots more. In a class you could see us painting, making a mask or threading beads onto a caterpillar.

Little Artists 6 to 8 years old – 9:30 am—10:15 am

This process oriented class is geared towards developing their art making skills through projects in painting, drawing, and collage. We will focus on color and shape through abstract painting. Drawing by composing pictures both from their imagination and observation, and explore texture and pattern through collage making. This fun, supportive environment nurtures children's creative expression, improves their fine motor skills, and provides an opportunity to engage in imaginative art making.

Artist 9 to 13 years old -10:15 am—11:00 am

This is a basic drawing and painting class designed to introduce new students to the skills required to accurately render what they see. It is also an opportunity for the children's to gain some visual and creative practice in drawing and painting. The class objective is to provide the "tools" necessary to draw and paint with confidence and to develop within the student the ability to see the world the way artists' see.

\$5 for family members / \$32 for Non-members

There is a \$5.00 Art Supply Fee for all participants.

