



YMCA of El Paso



Water Safety Training

Water safety is a pressing need throughout the community as children of all ages drown every year in El Paso in various facilities. The cost of providing swim lessons to every child (staffing, transportation, natatoriums) being prohibitive, the YMCA of El Paso proposes bringing water safety education to the children of the region through student, parent, and teacher specific trainings.

Utilizing the YMCA Aquatic Safety and Personal Survival program, a parent education course has been developed to emphasize the importance, urgency and role of the parent in water safety. Topics include safe facilities, supervision, and the importance of swim lessons as they relate to children's health and well being. This program can be presented in 1 to 1.5 hours.

SPLASH! is a curricula developed by the YMCA of the USA to promote aquatic safety to children in the classroom. The whole program takes five 30-45 minute days. Topics covered include personal safety and health, emergency recognition and reaction, and recreational activities in and around the water.

Teachers can also benefit from learning about water safety, particularly if they are taking children on an aquatic activity. Topics covered are supervision, what to look regarding safety at an aquatic facility, and how to assist in an emergency. This program can be presented in .75 hour.

Trainings are customizable for any particular target audience based on needs and time constraints.

Costs? There are alternative revenue sources available, particularly as it relates to water safety education for children. Regardless, the costs are minimal – staff time and copying materials are the major expenditures.

For more information, contact your local YMCA.